

HIGH SCHOOL CLASSES

College Football Recruiting Seminar

Former Iowa Western and Drake football coach with years of experience recruiting kids to a 2-year and 4-year schools is offering this unique opportunity to help high school football players understand the different aspects of the college football recruiting process: schools (NCAA/NAIA, levels, etc.), communication, campus visits (gameday, camps, spring, etc.), Hudl Highlight film, etc. Parents are strongly encouraged to attend. When registering please choose which night you will attend.

9th - 11th grade football players

Location: Monday – Hoover HS, Tuesday – East HS, Thursday – North HS

Dates: Monday March 25th, Tuesday March 26th, Thursday March 28th

Time: 6:00 PM - 7:30PM

Instructor: Willie Cashmore

Class Limit:10 (each session)

Hoover: <https://dmeps.revtrak.net/WS-Redirect/?wsresource=eventDetail.html%3fid%3d1422342>

East: <https://dmeps.revtrak.net/WS-Redirect/?wsresource=eventDetail.html%3fid%3d1422344>

North: <https://dmeps.revtrak.net/WS-Redirect/?wsresource=eventDetail.html%3fid%3d1422346>

College & Career Readiness

Feeling overwhelmed with the college application process?

This course is designed to break down the college and career readiness process into small, manageable bites. In this course, students will develop an education and career plan that is aligned to their strengths, interests, skills, and goals. Together, we will explore frequently used words at the college level, practice completing a college application form, locate scholarship banks, draft a college/scholarship essay, and prepare a resume as well as discuss the basics of budgeting and finance. Step by step, one bite at a time.

9th - 12th grade

Location: Central Campus

Dates: Tuesdays April 2nd - May 7th

Time: 5:30 PM - 7:30 PM

Instructor: Christina Estes & Jonathan Preston

Class Limit: 20

<https://dmeps.revtrak.net/WS-Redirect/?wsresource=eventDetail.html%3fid%3d1419432>

Creating Community

Each week we will spend time talking about identity, building community, writing together, and experimenting with various fun art forms such as photography, jewelry making, and spray painting. Weekly workshops will be centered on building empowering and joyful spaces..

9th - 12th grade

Location: Central Campus

Dates: Thursdays March 28th - May 2nd

Time: 5:00 PM - 6:30 PM

Instructor: Leah Waughtal-Magiera & Jalesha Johnson

Class Limit: 25

<https://dmps.revtrak.net/WS-Redirect/?wsresource=eventDetail.html%3fid%3d1422731>

Verti-Go Athletics

Students will perform multiple athletic skills and drill utilizing the latest technology and research in habit formation. Students will learn the benefits of instant feedback and receive instruction on movement patterns and the importance of knowing and understanding their physical patterns.

Session 1

9th - 12th grade

Location: Verti-Go Athletics

Dates: Mondays & Wednesdays March 25th - May 1st

Time: 7:15 PM - 8:00 PM

Instructor: Tony Douglas

Class Limit: 16

<https://dmps.revtrak.net/WS-Redirect/?wsresource=eventDetail.html%3fid%3d1422732>

Session 2

9th - 12th grade

Location: Verti-Go Athletics

Dates: Tuesdays & Thursdays March 26th - May 2nd

Time: 7:15 PM - 8:00 PM

Instructor: Tony Douglas

Class Limit: 16

<https://dmps.revtrak.net/WS-Redirect/?wsresource=eventDetail.html%3fid%3d1422746>

Session 3

9th - 12th grade

Location: Verti-Go Athletics

Dates: Saturdays March 30th - May 4th

Time: 9:00 - 10:00 AM

Instructor: Tony Douglas

Class Limit: 16

<https://dmps.revtrak.net/WS-Redirect/?wsresource=eventDetail.html%3fid%3d1422692>

African American/Black History Course

A Perspective in Blackness (the Past, Present, and the Future)

This course will help learners build an understanding of the historical roots of African American/Black culture, especially as it pertains to social, economic, and political interactions within the broader context of United States history. The course will take learners on a journey of blackness by providing them with a deep analysis of important ideas, events, social and cultural values, beliefs, and traditions related to the black experience.

9th - 12th grade

Location: Central Campus Board Room

Dates: Mondays April 15th – May 20th

*Field trip dates: June 8th – 11th

Time: 5:00 PM -6:00 PM

Instructor: Alex Hanna

Class Limit: 15

<https://dmps.revtrak.net/WS-Redirect/?wsresource=eventDetail.html%3fid%3d1424152>