

Parent Brag Sheet for College Recommendation

Please return to Kristin Hilton
Central Academy Counseling

Name of Student: _____

1. What do you consider to be the outstanding accomplishments of your child during the past 4-5 years? Why did you select these as the most important?
2. In what areas has your child shown the most development and growth during the past 4-5 years?
3. What do you consider to be his/her outstanding personality traits?
4. If you had to describe your son/daughter in five adjectives, what would they be?
5. Are there any unusual or personal circumstances which have affected your child's educational or personal experiences?
6. Please use this space to share anything you would like me to know that is not otherwise addressed. Feel free to use more paper if your comments do not fit in the space provided.

1. Which teachers will be writing a recommendation for you?

2. What potential majors or careers are you thinking of right now?

3. Are you a first-generation college student? Yes No
If no, where did your parents attend college? _____

4. Provide a short description of your high school experience. How have you evolved from 8th grade to this point? List some highlights of your high school career.

5. If I asked a few teachers to describe you as a student, what do you think they would say? Provide one or two examples of this description.

6. Have your academic success or grades been impacted by personal or family obstacles? Please describe (this information will be kept confidential among school staff, but, with your permission, may be disclosed in the counselor letter of recommendation if pertinent).

7. Where do you see yourself in 10 years?

8. What are your top 2-3 activities outside of class? Describe them, any leadership positions you have taken, and explain why they are your favorite. These activities can be school related or completely separate.

9. What experiences in the last few years have "turned you on" academically/intellectually? Please describe.

10. What is the worst thing that has ever happened to you? How did you cope with the situation? How has it affected you? What did you learn about yourself? What is the best thing?

11. Use the remainder of this form to provide me any other information that would help to write an effective and impactful counselor letter of recommendation.